



COPD quiz express (Chronic Obstructive Pulmonary Disease)

This questionnaire allows you to evaluate your lung health.
For each question, circle your answer choice (Yes or No).

Questions		Responses	
1.	Do you cough regularly?	Yes	No
2.	Do you cough up phlegm regularly?	Yes	No
3.	Do even simple chores make you short of breath?	Yes	No
4.	Do you wheeze when you exert yourself or at night?	Yes	No
5.	Do you get many colds and do your colds usually last longer than your friends colds?	Yes	No

If you answered **Yes** to two or more of these questions, a consultation with your doctor is suggested to check if you have COPD.

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